

## A MUST-READ BOOK THAT COULD SAVE YOUR LIFE!

Have you or a loved one ever struggled to get the healthcare you deserve? Have you ever felt ignored, misdiagnosed, or lost in the bureaucracy of the medical system? If so, this book is for you! The author pulls back the curtain on the modern healthcare system, exposing its cracks and offering patients a much-needed roadmap to securing quality care. With decades of experience as a physician, the author presents an urgent and eye-opening analysis of how Managed Care, compounded by the devastation of COVID-19, has left patients and providers struggling in an increasingly fractured system. Her friend/patient June's battle against breast cancer was not just a fight against the disease but also a fight against medical negligence, poor communication, and a broken system that almost cost her life. It is part exposé part survival guide and totally compelling. Inside, you'll learn:

How to navigate Managed Care systems and advocate for essential treatments.

Strategies to overcome hurdles like insurance denials, long waits, and limited provider networks.

Proven tips for securing preventive care, managing prescriptions, maximizing telehealth services, and getting prior authorizations from insurance companies.

You'll learn the power of self-advocacy to avoid dangerous medical missteps. This is about you, your family, your life.

Because your life is worth more than someone else's bottom line.